Indigenous Social Determinants of Health Training

Introduction & Overview

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A CENTER FOR INDIGENOUS PUBLIC HEALTH
UNIVERSITY of WASHINGTON

National Network of Public Health Institutes™

Welcome

Welcome to this training on Indigenous Social Determinants of Health (ISDOH)!

The **purpose** of this training is to offer tribal and urban Indian public health departments an approach to develop and apply a health framework that is tailored to issues, contexts, and culture(s) represented in their community.

Indigenous Social Determinants of Health Project
Seven Directions Project Team

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Research Coordinator

Seven Directions, A Center for Indigenous Public Health

Vision:
For all Indigenous Peoples to live long and healthy lives for generations to come.

Aspiration:
To advance American Indian, Alaska Native, and Indigenous Peoples' health and wellness by honoring and acting within Indigenous knowledge, sovereignty, and self-determination; by honoring ways of knowing and being to strengthen tribal public and urban Indian public health systems; and by cultivating innovation, creativity, and collaborations.

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www.indigenousphi.org

Indigenous Social Determinants of Health Project Timeline

2019 - 2020
- Literature review and environmental scan
- Content development

2021
- Convene Advisory Board
- National and regional presentations
- Our Stories, Our Journeys: four Tribal community stories

2022-2023
- Develop and pilot ISDOH training with two Tribal communities

2024
- Launch webpage & training

Project Advisory Board

Stephanie Russo Carroll
Ahtna Native Village of Kluti-kaah
Assistant Professor & Director

Felicia Mitchell
Chickasaw Nation/Chickasaw Freedman
Assistant Professor

Ilima Ho-Lastimosa
Native Hawaiian
Community Coordinator

Lydia Jennings
Yoeme & Wixarika'
Post-Doctoral Researcher

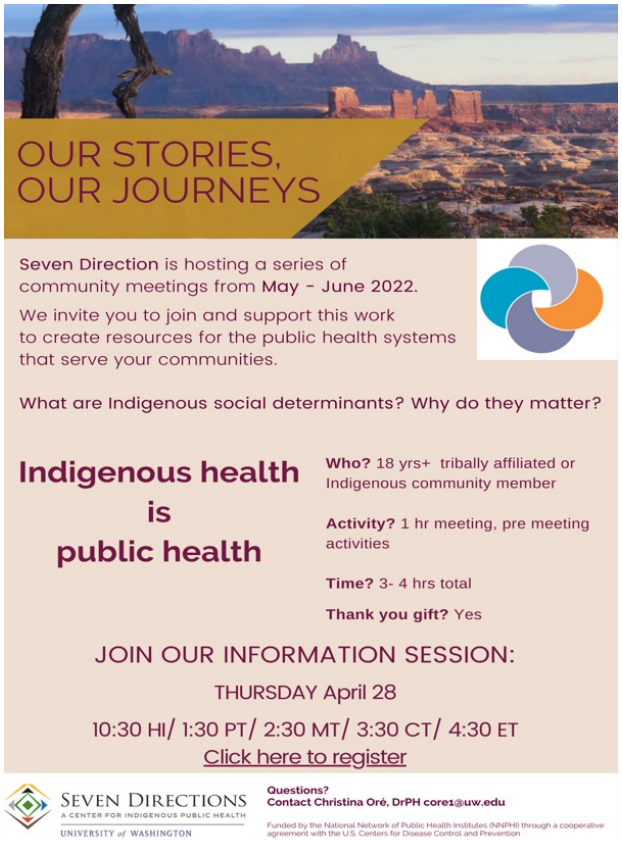
Training Development - Approach

The Seven Directions ISDOH team used a community- and strengths-based approach to develop this training.

We launched an initiative called *Our Stories, Our Journeys 2022*. This was a series of community meetings to share Indigenous stories and lived experiences of health and wellbeing, and the ways in which our communities practice wellness.

We used an approach called **Storywork** (Archibald, 2007; Archuleta, 2019) & adapted the **River of Life activity** (Parker et al., 2020).

The community meetings and discussions helped us to develop the training.



Our Stories, Our Journeys Community Meetings – Workshop

Community Meetings – Workshops

- Approach: facilitated, participatory, and collective process using storywork methodology
- Number: 4 completed
- Virtual & In person
- Attendees: 3–8
- Discussion guided by talking points
- Important drivers of health shared in stories
- Graphic notetaker recorded and illustrated sessions

Graphic Illustrations from Community Meetings

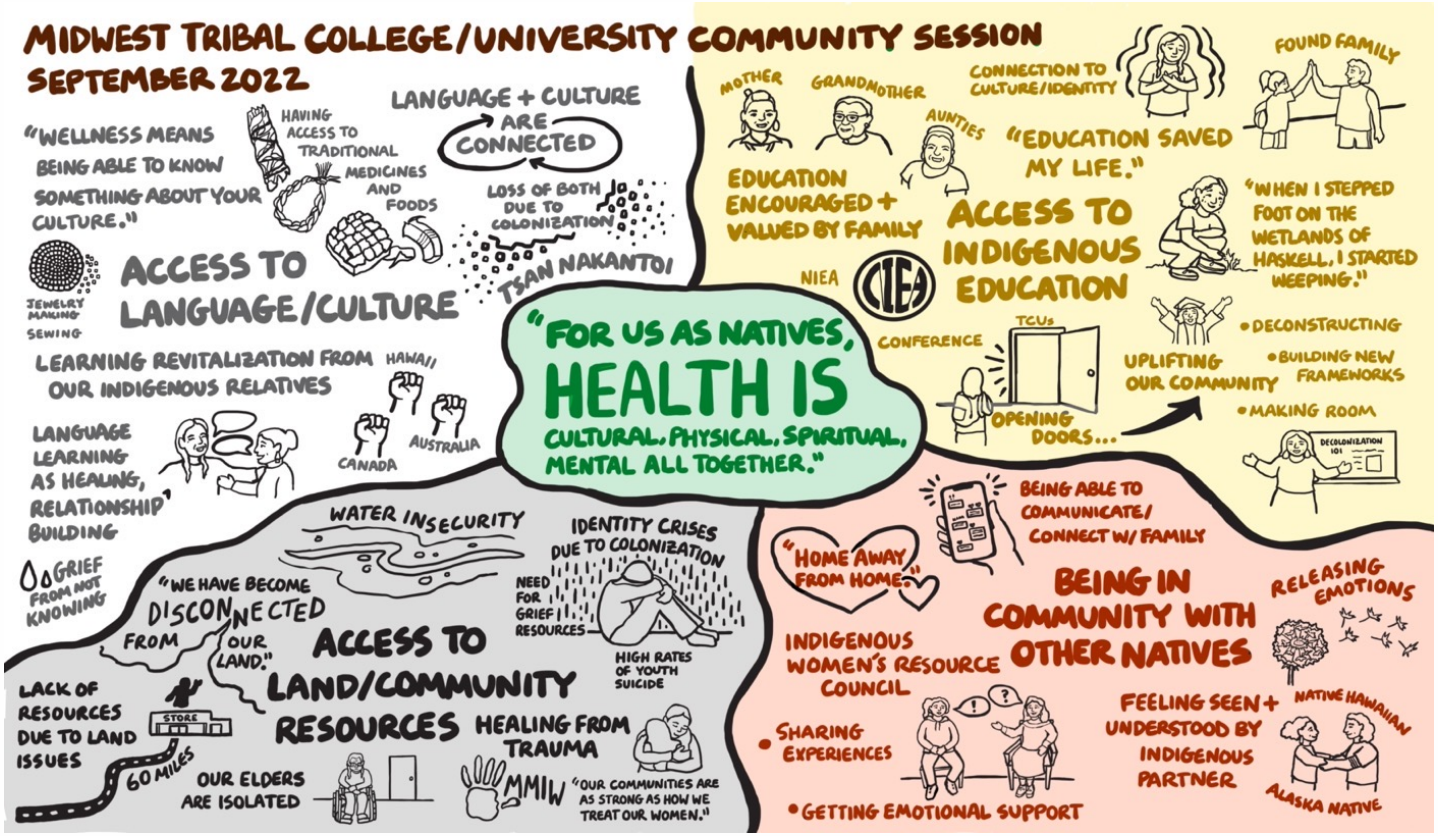
The discussions focused on broader life stories, cultural perceptions of health, and histories; as well as how these stories relate to health and wellbeing today.

Graphic Illustrations from Community Conversations

The community members who participated in community meetings gave consent and permission to have their conversations recorded and created into a graphic illustration.

The images were sent to attendees for community partner approval.

Graphic Illustrations from Community Meetings



The attendees of the community meetings were diverse in age, tribal affiliation, and profession.

We are thankful for the participation of our community attendees.

We want to acknowledge we have not captured the diverse perspectives and cultures of all American Indians, Alaska Native, and Indigenous communities.

How can an ISDOH training enhance public health practice?

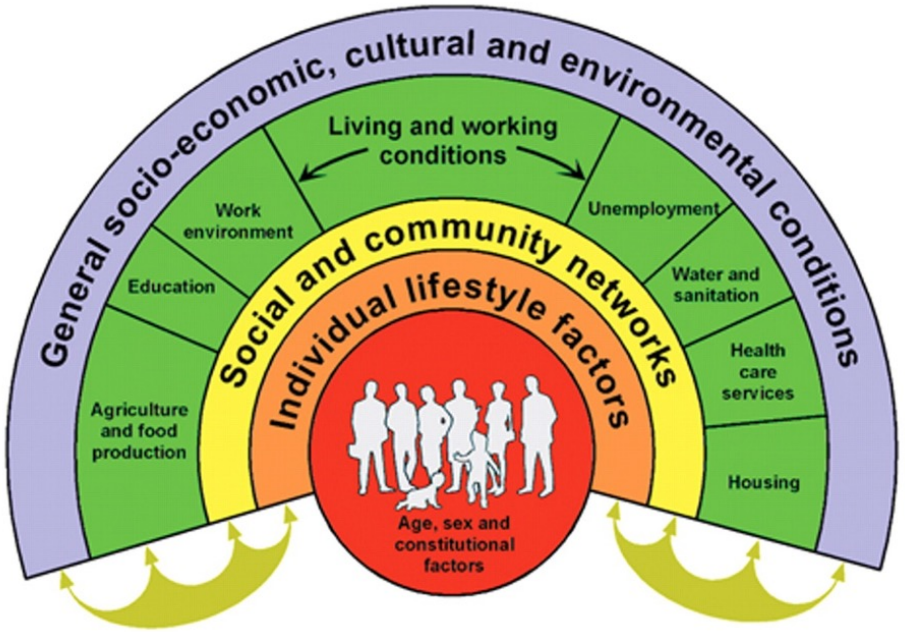
The ISDOH training will provide teams with knowledge, skills, and experience to:

- Develop an ISDOH framework that is tailored to the issues, contexts, and culture(s) represented in your community.
- Make the connections between ISDOH and Social Determinants of Health (SDOH) and various health outcomes.
- Gain skills necessary to identify and describe ISDOH.
- Identify and strategize the use of ISDOH / SDOH for tribal and urban Indian programs and services.

What can you expect from ISDOH training?

Six modules are designed to offer tribal and urban Indian public health practitioners with content and practice to **map** their own Indigenous Social Determinants of Health framework.

The modules use interactive and engaging **activities and vignettes** to develop an understanding of **ISDOH** at the **individual, family, and community levels** to consider connections to health and wellbeing.



Determinants of Health: Individual and Social
(Dahlgren & Whitehead, 1991)

Overall Objectives

- Describe Indigenous conceptions of healing, health, and wellness and how they relate to Indigenous Social Determinants of Health (ISDOH).
- Describe the WHO / CDC Social Determinants of Health (SDOH) frameworks and domains, and applications within Indigenous populations.
- Identify and define ISDOH that are distinct from those identified within other SDOH frameworks.
- Describe structural and systemic determinants of health specific to Indigenous communities.
- Provide public health tools and exercises to identify and describe ISDOH (i.e., root cause analysis, talk-story, visual), as well as to plan for measurement and development of health indicators that align with Indigenous community health goals.

Preview of Training Modules

- Module I: Our Stories, Our Journeys
- Module II: Social Determinants of Health
- Module III: Indigenous Social Determinants of Health
- Module IV: Structural Determinants of Health
- Module V: Systemic Determinants of Health
- Module VI: Training Application

How should these training modules be implemented?

- **Describe the goal(s)** for training (e.g., workforce development, grant writing, program development, policy advocacy).
- **Select a team lead** with experience working across multiple programs and with external partners to organize training.
- **Decide on a facilitator** or team lead.
- **Identify program(s)** that will benefit from training.
- **Decide on attendees based on program(s)** who work on a particular health outcome or issue.
- **Decide the timeline and duration** depending on goal(s).

Delivery:

- Facilitator
- 2–4 hours, varies per module

Materials:

- Agenda & Facilitation Guide
- Handouts: discussion questions, activities, and vignettes (stories)
- Blank sheets of paper
- Markers and colored pencils

Bibliography

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