



# Governance for Health:

Improving Population Health Through Partnerships  
and Collaboration

**REBUILDING THROUGH  
SELF-DETERMINATION**

**Comprehensive Tribal Justice  
Strategic Plan  
(CTJSP) 2016**



# NATIVE NATION REBUILDING



- “...it does appeal to an idealized past when there was no colonizer, to our strengths in surviving thus far, to our language as an uninterrupted link to our histories, to the ownership of our lands, to our abilities to create and control our own life and death, to a sense of balance among ourselves and with the environment, to our authentic selves as people. Although this may seem overly idealized, these symbolic appeals remain strategically important in political struggles.”  
-Linda Tuhiwai Smith



## **SELF-DETERMINATION = SELF-GOVERNANCE**

Rebuilding involves building institutions of self-government that are culturally appropriate to the nation and that are effective in addressing the Nation's challenges. It involves developing the Nation's capacity to make timely, strategically informed decisions about its affairs and to implement those decisions. It involves a comprehensive effort to rebuild societies that work.

## Acknowledging Ruptures – US Indian Policy

“I do not believe that Indians...people who for the most part speak no English, live in squalor and degradation, make little progress from year to year, who are a perpetual source of expense to the government and a constant menace to thousands of their white neighbors, a hindrance to civilization and a clog on our progress have any right to forcibly keep their children out of school to grow up like themselves, a race of barbarians and semi-savages.”

*TJ Morgan, Commissioner of Indian Affairs 1889-1893*



# IMPACTS OF U.S. POLICY

**Historical Trauma:** The collective emotional and psychological injury both over the life span and across generations, resulting from cataclysmic history of genocide. (Holocaust Studies)

**Intergenerational Trauma:**  
Transferred from the first generation of trauma survivors to the second and further generations of offspring of the survivors via complex post-traumatic stress disorder mechanisms.

## Internalized Oppression

- As the result of historical trauma, traumatized people may begin to internalize the views of the oppressor and perpetuate a cycle of self-hatred that manifests itself in negative behaviors.
- Emotions such as anger, hatred, and aggression are self-inflicted, as well as inflicted on members of one's own group.

## What you will see:

- Health: Family stress, heart disease, depression, diabetes, obesity, mental health challenges
- Child abuse and neglect
- Substance Abuse
- Domestic Violence

# COEUR D'ALENE TRIBE VALUES

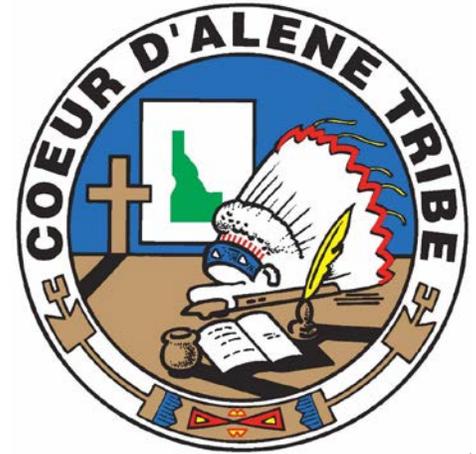
t'u'lschint (Membership) – Solid and resilient members of ever-expanding spheres of relationship: family, clan, tribe, community, state, and country.

'ats' qhnt' wesh (Stewardship) – Responsible, accountable, and socially aware caretakers, caring for human cultural and natural resources for present and future generations.

snmiypnqwiln (Scholarship/Knowledge) – Knowledge based on principles of investigation that pursue excellence and truth. It is based upon an awareness, appreciation, and respect for natural law as understood and cultivated through traditional knowledge that has guided Native peoples for millennia, and has meaningful application within the community.

hngwa'qn; hnshat'on (Guardianship) – To care for and protect the Coeur d'Alene Tribal way of life for future generations, including natural resources, culture, history, language, and traditions.

chsnpa'silgwesn (Spirituality) – Faith from which the Creator reveals the connection between all life. It unites the space between the past, present, and future through the peoples, environment, and land; and is rooted within the ceremonies from which the Tribe celebrates those connections.



# REPAIR & RESTORE: ACTION RESEARCH

## 2016 Comprehensive Tribal Justice Strategic Plan – Five Year Plan

- Partnership with DOJ – CTAS Purpose Area 2

**Overarching Goal: “Reduce substance abuse related crime on the Reservation”**

### SELF-DETERMINATION

- What are the real problems in the community?
- Where are the gaps? What should the priorities be?
- What info do WE need to collect?
- How are we going to use it?

### Areas of Focus

- Access to Opportunity
- Child Health and Welfare
- Family Economic Capability & Support
- System Involvement& Enculturation



# TRIBAL SAFETY & WELLNESS

- **Tribal Leadership, Tribal Programs, Tribal Members and Tribal Staff, Key stakeholders, Knowledge Keepers at the Table**

## **Tribal Collaboration Committee - “Tribal Justice Programs”:**

- Law & Order (Tribal Police, Courts, Prosecutor, Probation)
- BMWC (Behavioral Health Division - Counseling, Sub Abuse Treatment, Suicide Prevention, Tribal Youth Program)
- Social Services (ICWP, STOP Violence, TANF, Vocational Rehab)
- Dept of Ed (ECLC, STEP, GED, NACTEP, Higher Ed)
- Leadership (Tribal Council, AD)
- Other (Human Resources, Enrollment, Housing)

## **Community**

- Tribal School - State Tribal Education Partnership (STEP)
- PWSD
- qhest'ilsh
- hnqhestnet

## **\*OFF-RESERVATION PARTNERS**

# Comprehensive Tribal Justice Strategic Plan 2016-2021



## ○ VISION:

***“All people on the Coeur d’Alene Indian Reservation shall have a chance to pursue their hopes and dreams as members, guardians, and stewards in a safe and healthy community.”***

## ○ MISSION:

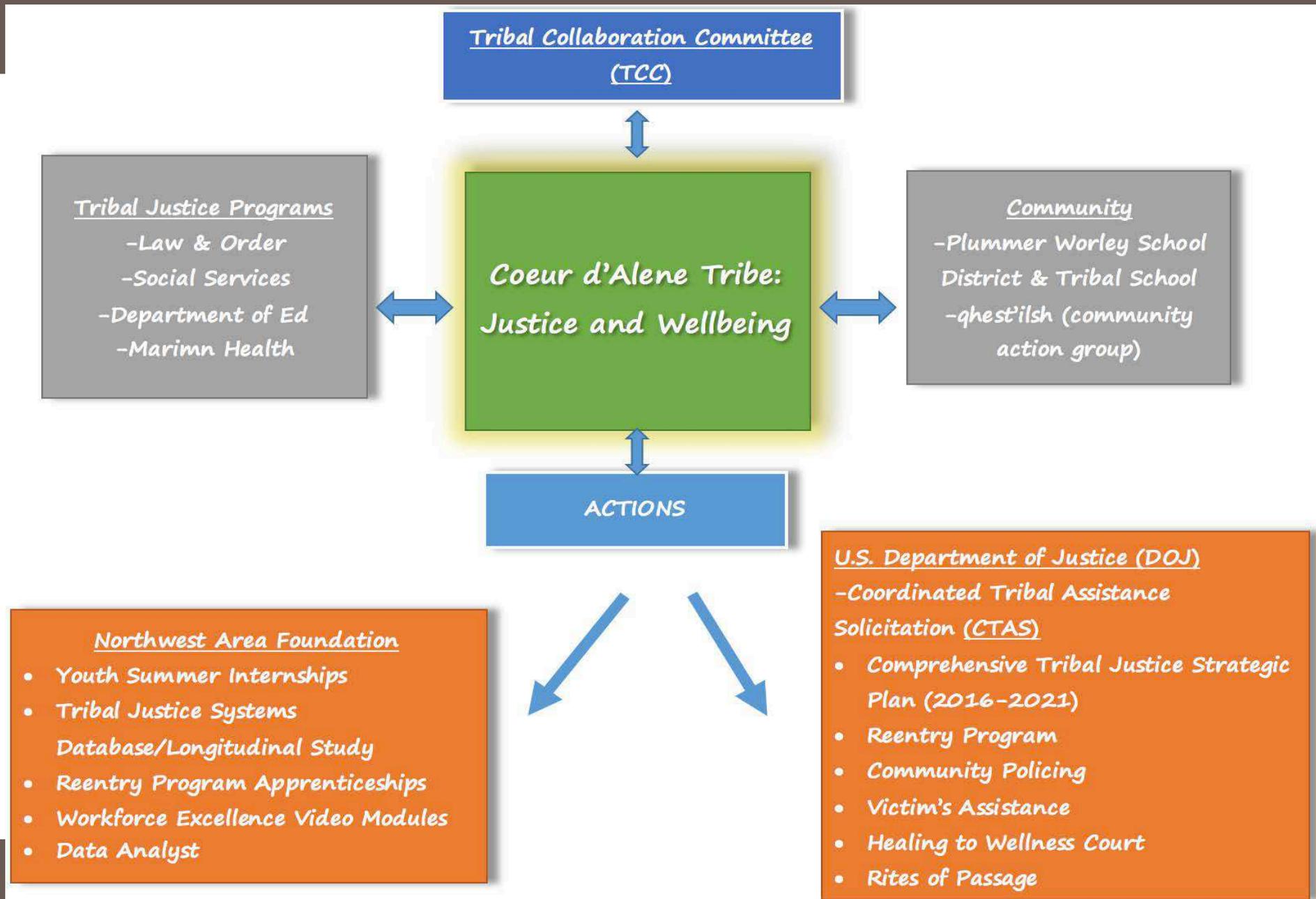
***“The Coeur d’Alene Tribe leads and delivers quality, comprehensive, and coordinated programs and services that are proven to reduce crime and promote the health and wellness of the reservation community in the areas of public safety, health, education, and social services.”***



**REVITALIZE:  
FIVE MAJOR GOALS**

- **Goal 1:** Organizational Effectiveness
- **Goal 2:** Public Safety & Crisis Preparedness
- **Goal 3:** Prevention & Promotion
- **Goal 4:** Data Use & Resources Management
- **Goal 5:** Education & Workforce Development

A focus on positioning the Tribe as the Knowledge Keeper – past, present, future.



OUR  
MISSION  
STATEMENT



MÄRIMN  
HEALTH

To provide primary care, holistic healing, preventive care and wellness promotion to all members of the community as intended by the Creator.

## NEW MEMBERS OF LEADERSHIP TEAM

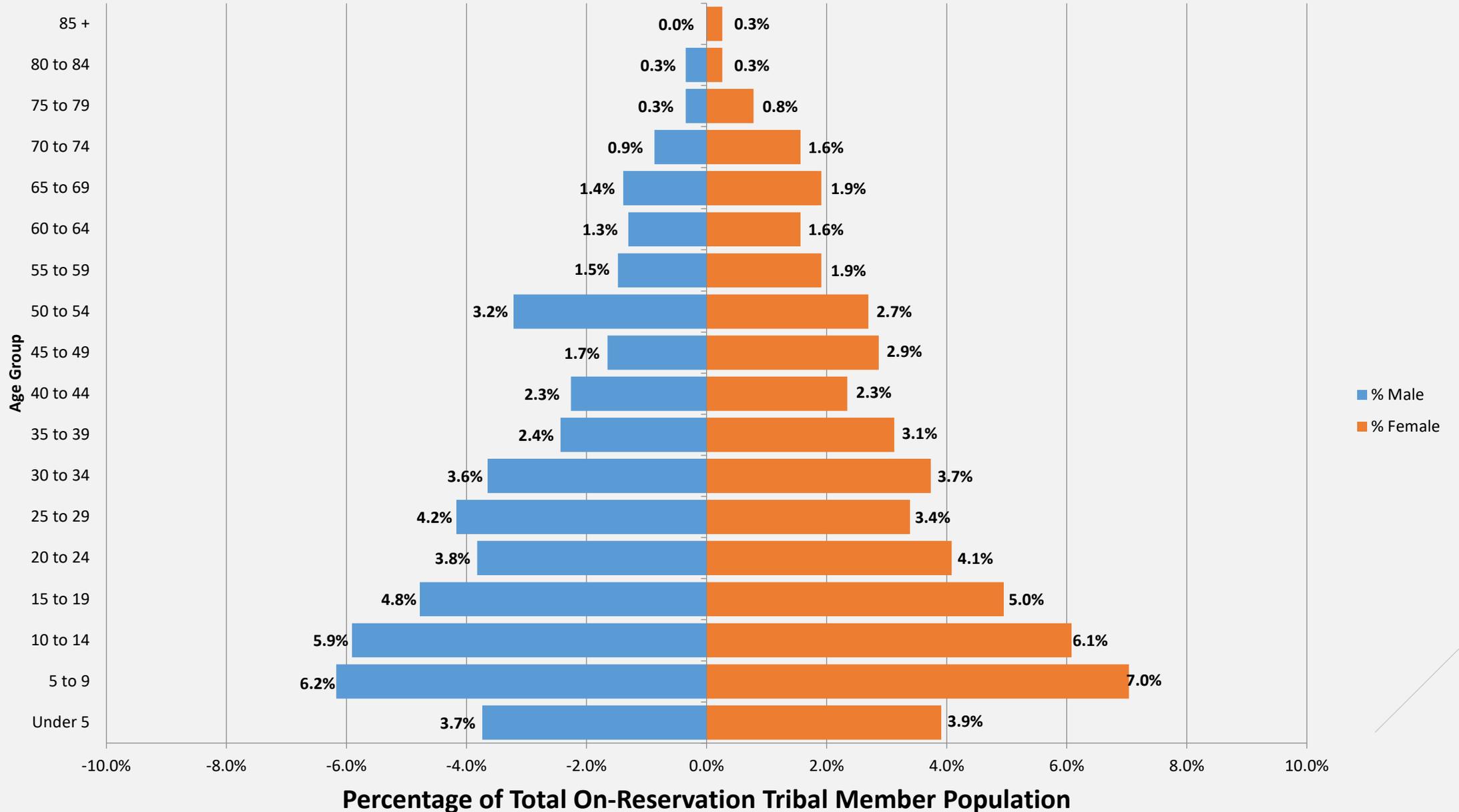
- **LoVina Louie**, Wellness Center Director **(CDA Tribal member)**
- **Marquette Hendrickx**, Operations Director **(CDA Tribal member)**
- **Janice Jordan**, Medical Operations Director **(CDA Tribal member)**
- **Lindsey Holt**, Behavioral Health Director **(CDA Tribal member)**
- **Nicky James**, Executive Assistant to the CEO **(CDA Tribal member)**
- **Dr. Taylor Wilkens**, Dental Director
- **Heather Keen**, Strategic Development Director

- Reflects our connection to the Tribe
- Brought back the Tribal seal as the logo
- New website: [marimnhealth.org](https://marimnhealth.org)



MÄRIMN  
HEALTH

## On-Reservation Tribal Member Population Pyramid (April 2018)



PATIENT-  
CENTERED/CUSTOMER  
SERVICE FOCUS

## Coeur Values Program

Emphasis on employees who are going above and beyond for our patients.



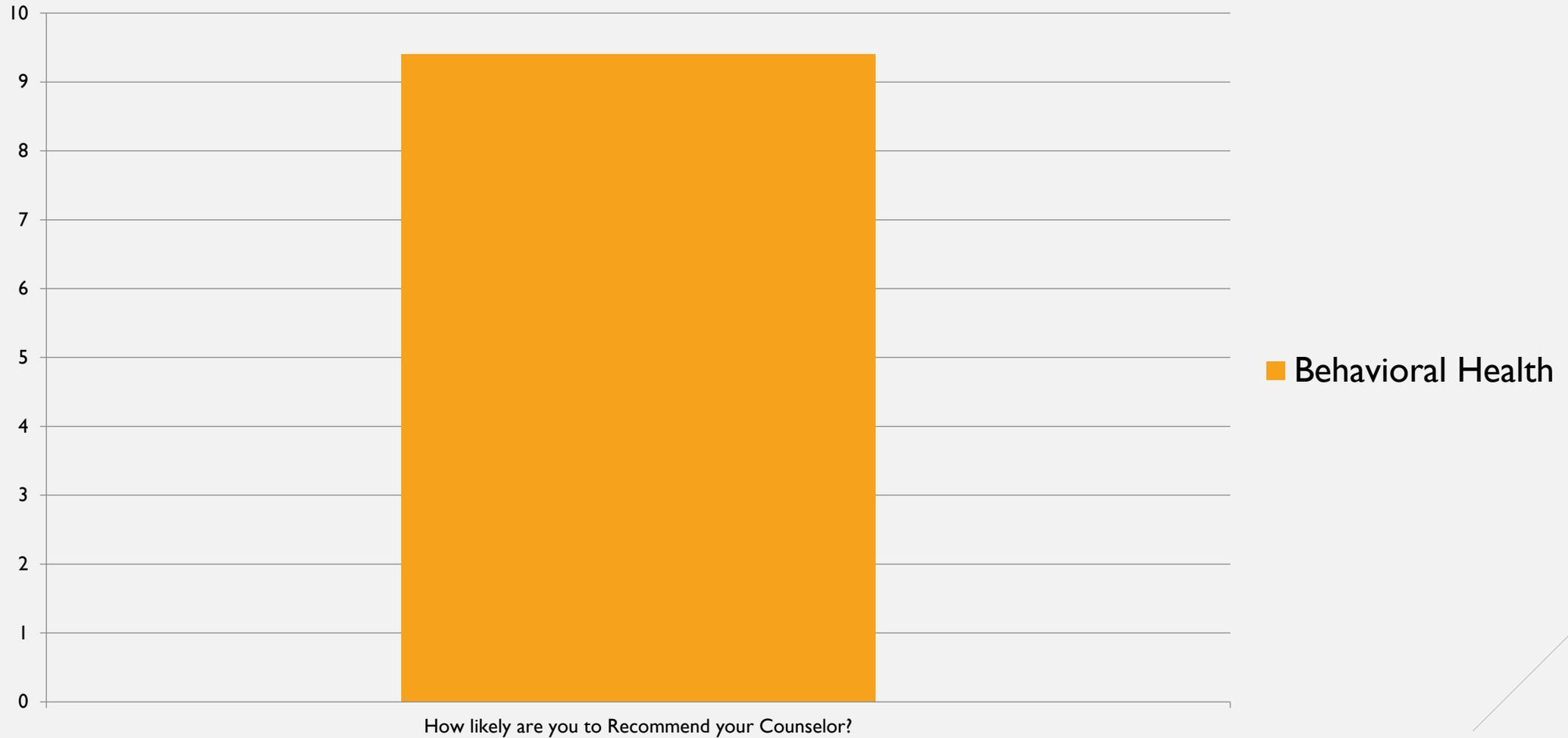
## Patient Satisfaction Surveys

Multiple Departments, including Medical Center and Wellness Center



**We don't win until our patients say we do!**

## Behavioral Health: How likely are you to recommend your Counselor?



ADDITIONS TO  
BEHAVIORAL  
HEALTH SERVICES

## **New programs tailored to our patients:**

- Emerge Program for addicted pregnant mothers
- Medication-Assisted Treatment (MAT) program coming soon
- White Bison/Mending Broken Hearts sobriety programs
- Reentry Program
- Child Centered Play Therapy

# Why?

Almost **one-half** of Tribal youth living on the CDA Reservation are part of the juvenile probation system.

**1 in 5** Tribal youth **ages 12-17** living on the CDA Reservation **was arrested in 2016**.

There is a high percentage of CDA Tribal babies being **born drug addicted**.

## Youth Programs- Boys and Girls Club

Month: **December**

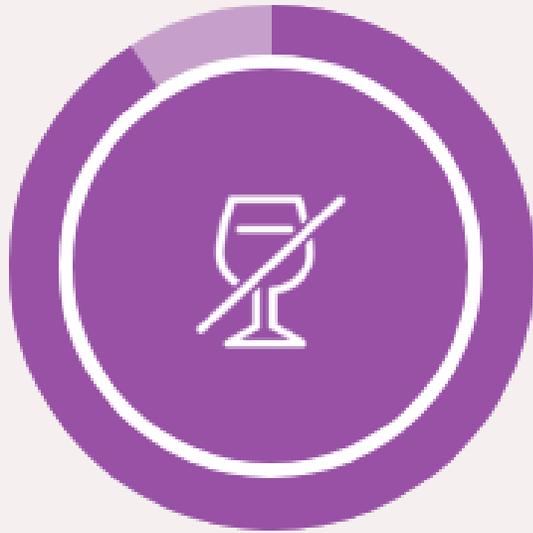
December	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sun
<b>Youth Programs Check In - Monday-Thursday: 3pm-6pm Friday &amp; Saturdays: 5pm-9pm</b>							
<b>4th-9th</b>	108	56	70	51	57	25	
<b>11-16th</b>	96	72	83	59	61	28	
<b>18th-23rd</b>	98	90	93	35	No BGC	No BGC	
<b>25th-31st</b>	WC Closed	WC Closed	WC Closed	24	No BGC	46	135
<b>Total of Youth coming in daily:</b>	<b>302</b>	<b>218</b>	<b>246</b>	<b>169</b>	<b>118</b>	<b>99</b>	<b>135</b>

## ESTABLISHED A BOYS & GIRLS CLUB

- 164 kids signed up so far
- **116 tribal members**
- Every Friday and Saturday night
- Plan to expand to 5 or 6 nights per week in the next year



Of the children and teens that regularly attend a Native Club:



91% of high school students are more likely to abstain from consuming alcohol



84% make mostly As or Bs



55% are likely to become involved in their community

Young people who attend **Boys & Girls Club** regularly do better than their peers nationally.

## EXPANDING SERVICES / STRENGTHENING FAMILIES

- Prevention and Education for youth and families
- Family Support, children raised by Kin or in guardianship placements
- Our Next Generation, high rates of newborns born drug exposed
- Juvenile Delinquency Rates Going Down
- Youth Recreation Center Expansion
- Data & Evaluation – Work in progress